Find out the systems processor

Type system information (in lower left search box)

Note processor - _____

Click Windows 11 supported Intel processors

or Windows 11 supported AMD processors and see if your processor is compatible

If your current processor is compatible, next check the TPM status

Type Run (in lower left search box)

Type tpm.msc, click OK and view the results for Specification Version: X (you are hoping this is 2.0, most computers are running 1.2).

If it is 1.2, you can use this executable to upgrade it to 2.0

https://ftp.hp.com/pub/softpaq/sp87501-88000/sp87753.exe

click on it, download then follow prompts to load it.

Reboot, then Type Run (in lower left search box)

Type tpm.msc, click OK and view the results for Specification Version